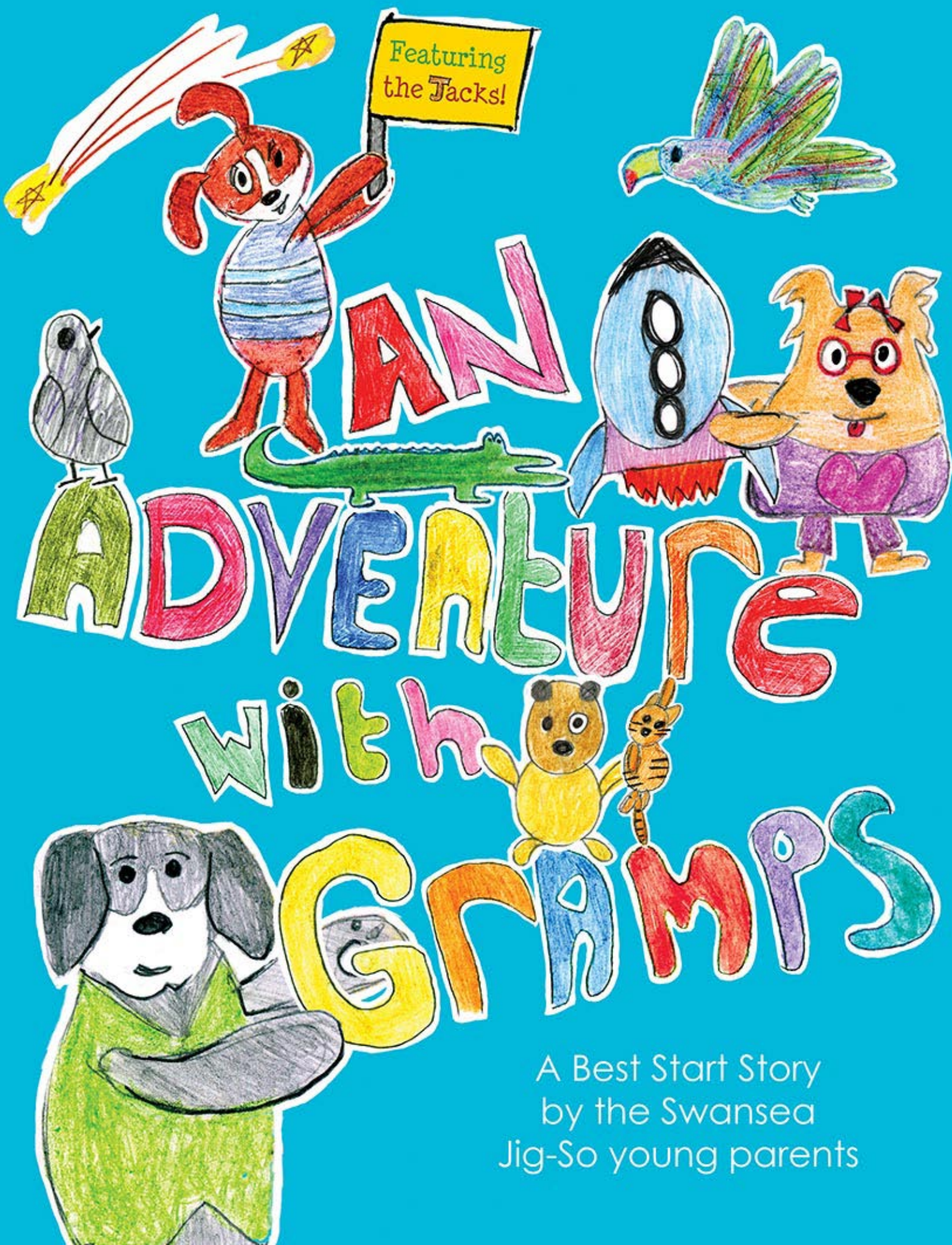




A Best Start Story
by the Swansea
Jig-So young parents

This Best Start Story book was written and illustrated by the Swansea Jig-So young parents over the course of two days, with the help of local illustrator and authors, Thomas and Helen Docherty.

Best Start Swansea exists to help support our children's development, and to help all children in Swansea to be the best that they can be once they get to school.

This story focuses on two of our key messages:

We play with our children to have fun and to keep active

We spend quality time with our children to help them develop

The Jack family, who feature in this book, were developed to help promote the Best Start way across Swansea.

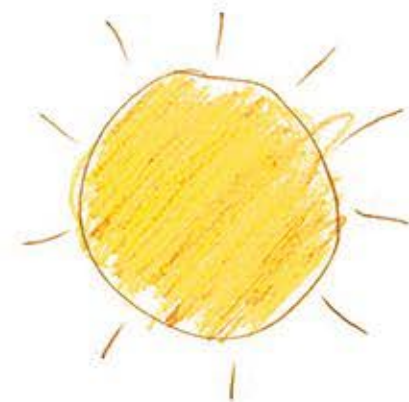
The characters Jeffrey, Seren, Mack, Gemma, Sammy and Flap Jack were created by children at YGG Tirdeunaw, YGG Pontybrenin, Llanrhidian and Blaenymaes primary schools.



Published in Swansea
March 2017



AN ADVENTURE with GRAMPS



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Harvey-Jae, Rowan, Lucas, Kayla, Ashton, Vinnie, Sonny, Lucas and Leo



Mum and Dad were going out for a few hours.



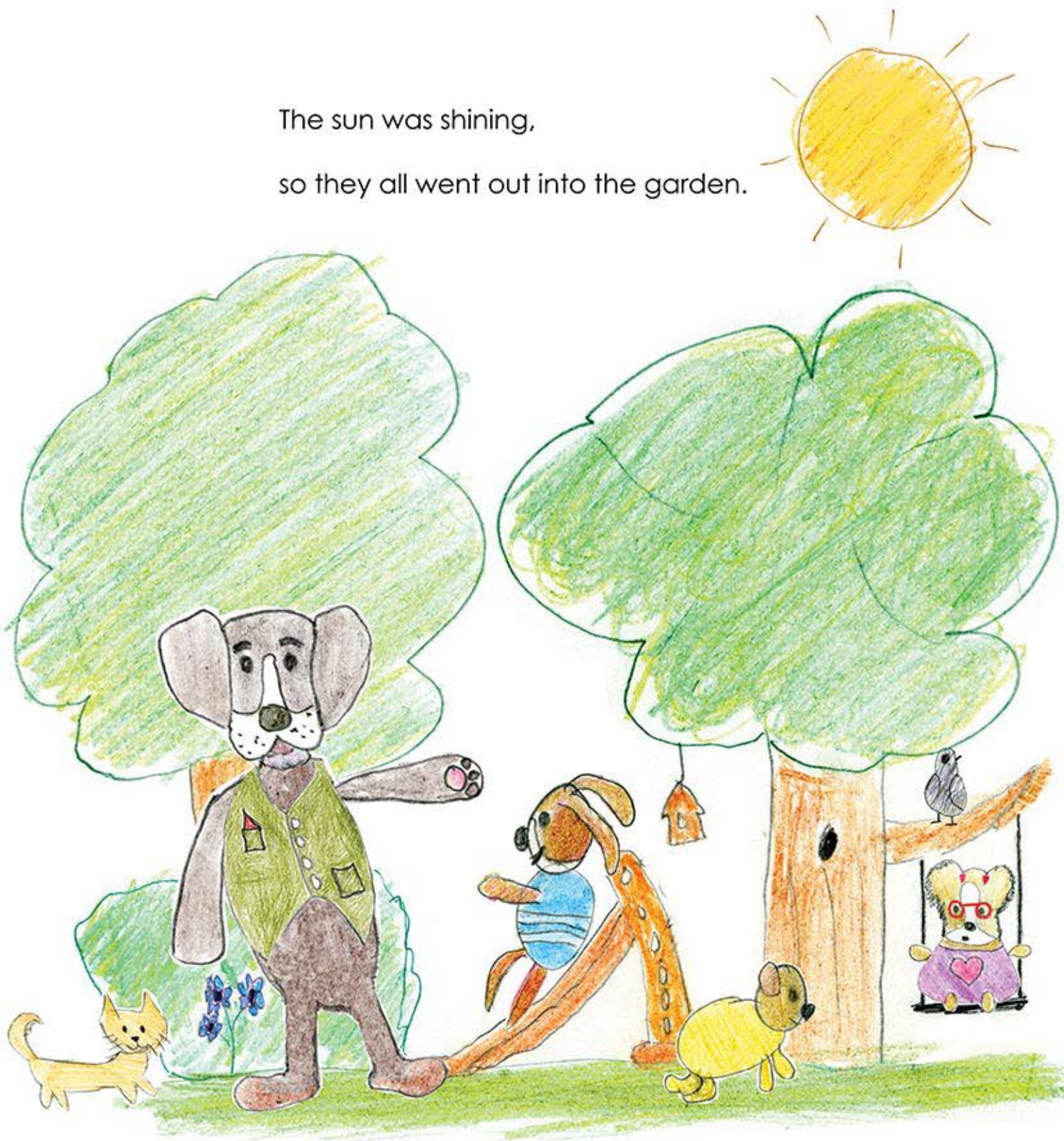
Gramps was going to look after all three children on his own: Sammy, Gemma, and baby Flap Jack.

"Try not to let them make too much mess...and keep your eye on the baby! Give us a call if there's any problem," said Mum.



"We'll be fine," said Gramps. "Now off you go, and don't worry about us."

The sun was shining,
so they all went out into the garden.



"Can you help us build a den, Gramps?" asked Sammy.

"Of course," said Gramps. "Now, what do we need?"



So Sammy fetched a broom
and some garden chairs,



Gemma collected some
blankets and pillows...



...and Flap Jack dragged Tiger Ted along with him.

And together, they built an epic den in the jungle.



"I fancy a nice cup of tea, now," said Gramps.
"Is there a café in this jungle?"



"Yes!" said Gemma. And she ran to get a watering can, a bucket of water and a plastic tea set.



Flap Jack had been busy making mud pies...



...so Gramps had chocolate cake with his tea.



Playing in the jungle had made everyone hungry, so they went inside for some real food.

After lunch, Gramps washed up, and everybody helped.

The floor got a bit wet.

"Oh dear," said Gramps, "I think we need a boat!"



So they sailed all the way to a lagoon, watching out for crocodiles.

Gramps caught a big fish.



Flap Jack caught a fish finger.

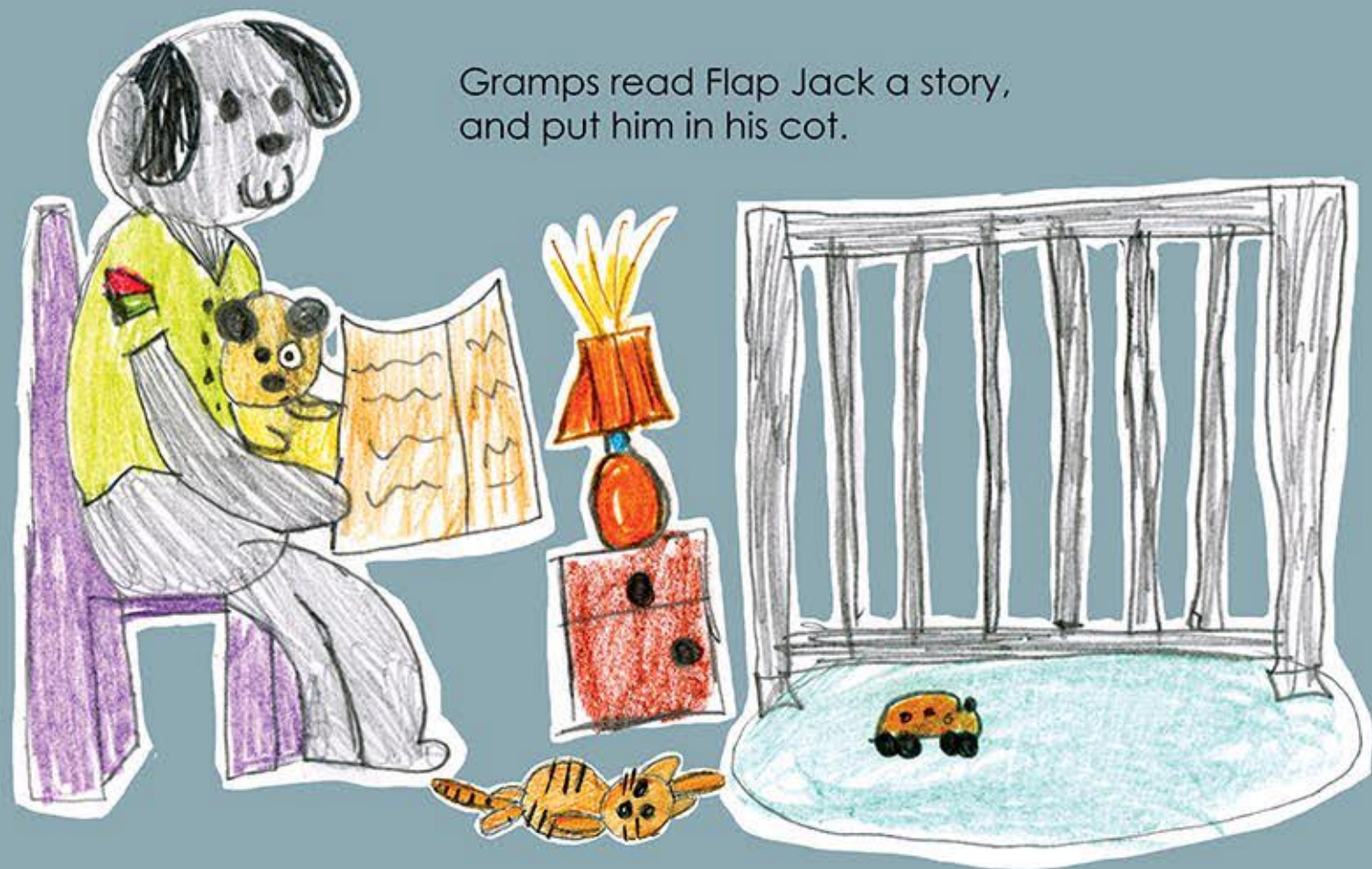
Then it was time for Flap Jack's nap.

"Up the mountain!" said Gramps.



It was a hard climb (especially for Gramps), but they all made it safely to the summit.





Gramps read Flap Jack a story,
and put him in his cot.

Some of Flap Jack's teddies weren't quite ready to go
to sleep...



Twinkle, twinkle little star...



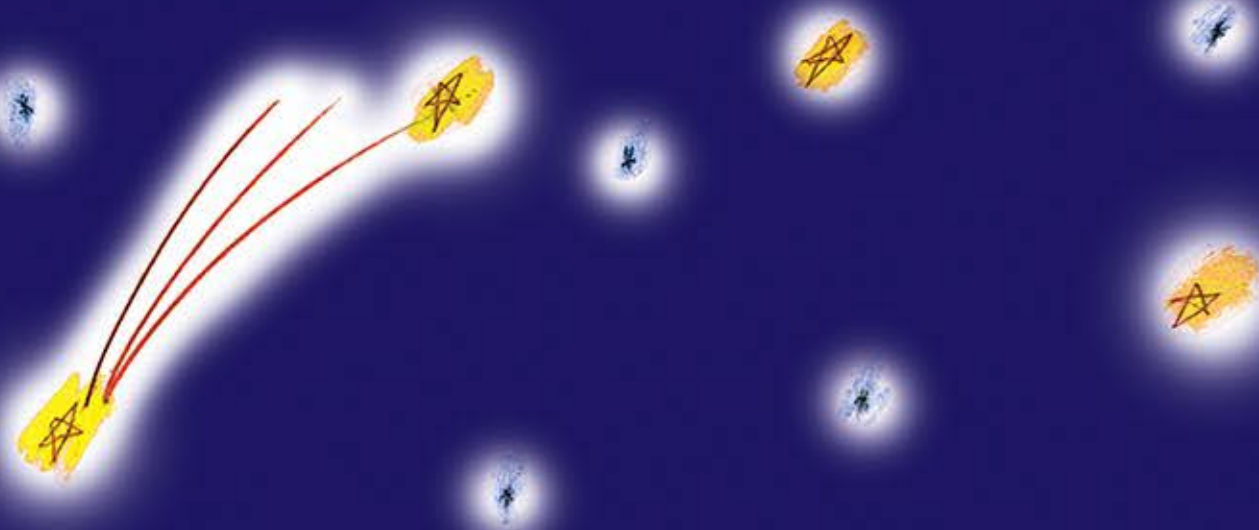
So Gramps sang them all a song, which helped.

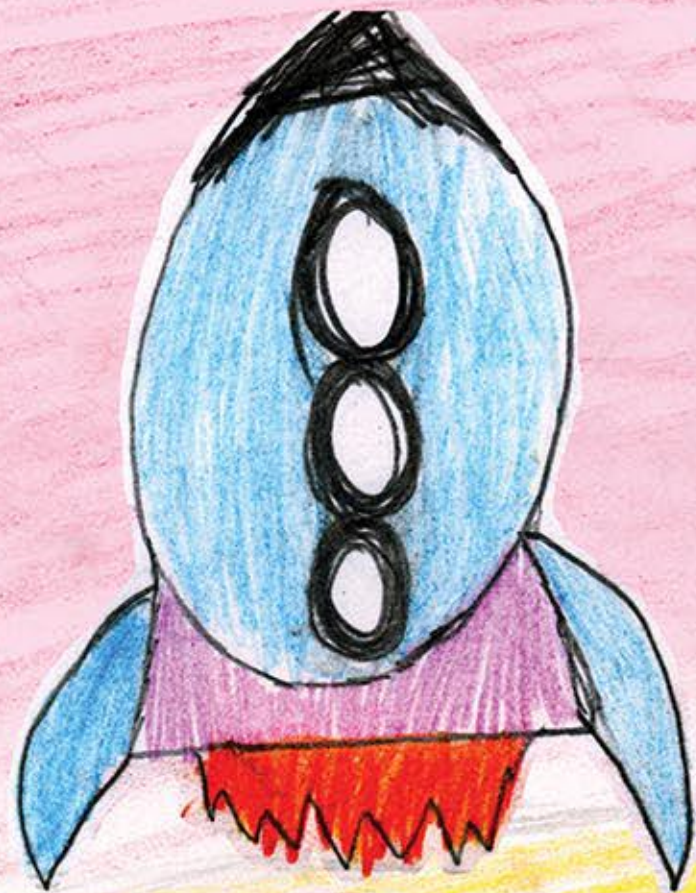


While Flap Jack was having his nap, Gemma, Sammy and Gramps decided to go to the moon.

First, they had to build a space rocket.

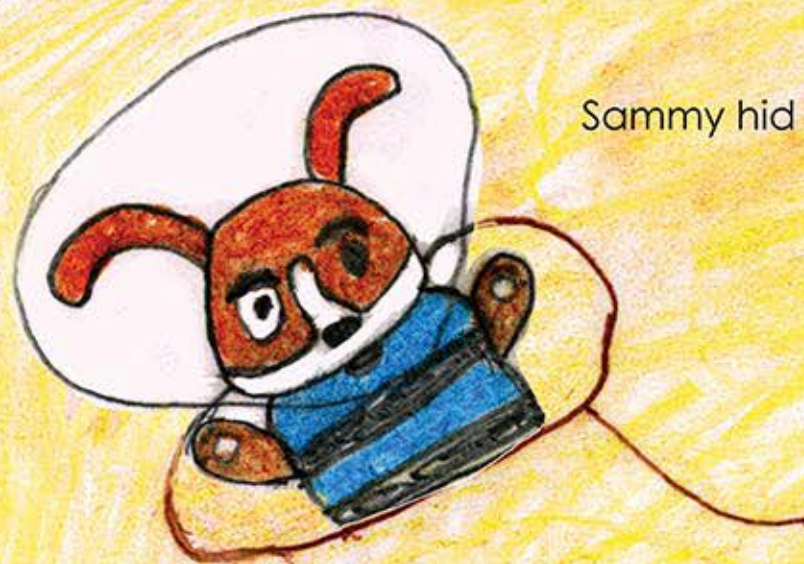
This meant lots of cardboard boxes, coloured paper, tin foil, toilet roll tubes, glue and glitter.





On the moon,

Sammy hid in a crater...



Gemma did star spotting...

and Gramps did a back flip!



